



neighbourly support

Dear Neighbour,

This is _____ from _____

We're looking to create neighbour groups, to support each other during the coronavirus outbreak. We'd like you to join our group so we can all check in on each other to make sure everyone is ok and to support those who need anything.

We are not sure how things will unfold over the next few weeks, but I wanted to let you know that if you are feeling at all unwell, or concerned about going out, I am happy to do shopping for supplies or run errands. Please use the phone to reach me.

My number is _____.

Please feel free to call or text at any time.

I am also aware that if you are self-isolating then it can become lonely. I am very willing just to have a chat on the phone if you want to hear a friendly human voice.

If you are particularly unwell, I am able to

check on you regularly drop food at your doorstep call help for you

If I drop food off I will make sure I have washed my hands and sterilised objects or not handled them to keep you safe.

There's lots more info at: neighbournetworks.uk

wash hands - stay home - stay in contact